



# Midwest Book Review

## *Children's Bookwatch*

### *December 2005*

"Firefighter George & The Florida State University Flying High Circus Teach Nutrition Plus How and When to Dial 911"

Start Smarter

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***Firefighter George & The Florida State University Flying High Circus Teach Nutrition, Plus How & When To Dial 911***

**is an omnibus educational video with a lesson plan booklet.** Lessons 1 & 2

feature the Florida State University Flying High Circus Performers as they review the new food pyramid and teach young people about the importance of nutritious foods and a balanced diet. Lesson 3 involves Firefighter George with the help of The Atlanta New Century School, and shows children how to handle emergency situations and dial 911 on the telephone.

Situations include when a house has smoke coming out of it, when a child in the water is in trouble, when a parent is lying unconscious on the ground, or a burglar is trying to break into the house.

The lesson plans promote not only health and survival skills, but also math and reading skills with classroom-tested activities, according to the NCTM and NCTE teaching standards. **A highly recommended instructional video for public, private, and home schools alike.**

54 min., color.

